

Rajan S. Gupta, M.D. : Director

Dr. Rajan Gupta completed his residency in Physical Medicine & Rehabilitation and fellowship training in Anesthesia Interventional Pain Management.



He is board certified in Physical Medicine & Rehabilitation and Pain Medicine. His dual training is his strength to diagnose painful conditions correctly and treat them.

During his fellowship training at Vanderbilt University he received the “**BEST HANDS**” award for his outstanding interventional skills.

He is a member of several professional societies including The American Pain Society and The International Spine Injection Society.

Mohsin S. Sheikh, M.D.

Dr. Sheikh completed an Interventional Pain Management fellowship at UNC-Chapel Hill. Prior to that, he completed his residency in Physical Medicine & Rehabilitation.

During his residency he was voted “**Resident of the Year**” and served as Chief Resident.



He is a member of several professional societies including the American Academy of Pain Medicine and the American Society of Regional Anesthesia and Pain Medicine.

He is Board Certified in Physical Medicine & Rehabilitation and Board Eligible in Pain Medicine.

LOCATIONS

*1020 Kings Highway N,
Suite 106
Cherry Hill, NJ 08034
Phone 856-482-PAIN(7246)
Fax: 856-482-7245*

*The Pavilions at Voorhees
2301 Evesham Road,
Suite 305
Voorhees, NJ 08043
Phone 856-482-PAIN(7246)*



Gupta Institute for Pain
Wellness & Rehabilitation, LLC

Phone: (856) 482 - **PAIN** (7246)

Fax: (856) 482-7245

WWW.GUPTAINSTITUTE.COM

Gupta Institute for Pain
Wellness & Rehabilitation

Rajan S. Gupta, M.D.

Mohsin S. Sheikh, M.D.

Phone: (856)-482-**PAIN** (7246)

All Major Insurances including Horizon, Aetna, Medicare, Blue Cross, Auto and Workers Comp Accepted. Call for more info

PAIN

Almost everyone has experienced some type of pain in their lifetime.

Pain is a normal sensation which provides helpful information to our brain for survival.



There are two types of pain - acute and chronic. Acute pain is usually after a surgery or an injury. It serves an important purpose. It keeps you from walking around on a broken leg. It forces you to keep off your leg giving it time to heal.

When pain lasts longer than three months it is considered chronic pain. Chronic pain affects every aspect of a person's life. *Pain affects not only the patient, but also the people around him or her. It affects a person's physical, emotional, and social well-being. Eventually it can lead to depression, loss of physical and social function, and a poor quality of life.*

Interventional pain management is an advanced form of treatment which commonly provides instant and long term relief. Early interventional management is the key to prevent pain from becoming chronic.

Our goal is to provide patient a pain free and improved quality of life.

COMMON TYPES OF PAIN

Headaches

Trigeminal Neuralgia

TMJ Disorders

Neck Pain

Low Back Pain

Post Herpetic Neuralgia

Fibromyalgia and Myofascial Pain

Osteoarthritis

Rheumatoid Arthritis

Neuropathy

Cancer Pain

Post Surgical Pain

Reflex Sympathetic Dystrophy

Carpal Tunnel Syndrome

Sports Injury

Work Related Injury

Auto Injury

TREATMENTS

As we know, if pain is left untreated it can lead to multiple physical, psychological and social issues. Our goal is to diagnose, prevent and treat painful conditions so that our patient can lead pain free and healthy lives. In our state of the art facility we offer an **ADVANCED, INTERVENTIONAL** approach to those conditions. It is possible that patients may need to be treated by more than one physician to best control their pain.

INTERVENTIONS

We perform the majority of our injections under Fluoroscopic Guidance in our state of the art ONSITE flouro suite to increase their effectiveness and decrease the risk of complications. Common injections include:

EPIDURAL INJECTIONS

SELECTIVE NERVE ROOT BLOCKS

FACET / POSTERIOR MEDIAN BLOCKS

RADIOFREQUENCY ABLATION

SYMPATHETIC BLOCKS

SACROILIAC JOINT INJ.

HIP INJECTION

PROLOTHERAPY

TRIGGER POINTS

JOINT INJECTIONS

OCCIPITAL NERVE BLOCK

SCIATIC NERVE BLOCK

LUMBAR PLEXUS BLOCK

CERVICAL PLEXUS BLOCK

TRIGEMINAL NERVE BLOCK

TMJ INJECTION

PERIPHERAL NERVE BLOCKS

CARPAL TUNNEL INJECTION



And many other nerve blocks of the lumbar, thoracic, cervical spines and peripheral nerves.

ELECTRODIAGNOSIS

We emphasize on making a proper diagnosis for your treatment. Often times EMG/NCS may be helpful in establishing a diagnosis. EMG/NCS is also provided in our state of the art center.